




	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>LUNCH</b>	1 ¼ c Chicken Alfredo Bake (1/8 c Chicken, 1/4 c Noodles) 1/8 c Steamed <b>Broccoli</b> 1/8 c <b>Peaches</b> ½ c Milk  <i>Veg: 2 Vegetarian Nuggets</i>	2 1 oz CN Hamburger Patty w/ Ketchup 1 <b>WG</b> Slider Bun (1.13 oz) 1/8 c Baked Beans 1/8 c <b>Mandarin Oranges</b> ½ c Milk  <i>Veg: 1 Veggie Burger</i>	3 <b>Make Your Own Wrap</b> 2 Turkey (1oz) 1 tbsp Hummus 1 Cheddar Cheese (0.75oz) 1 <b>WW</b> Flour Tortilla ¼ c Steamed <b>Broccoli</b> w/ Ranch 1/8 c <b>Fresh Fruit Salad</b> ½ c Milk <i>Veg: ¼ c Hummus Wrap w 1 oz Fresh Mozarella Cheese</i>	4 2 Chicken Tenders (4.2 oz) w Honey Mustard ½ Cornbread (1 oz) 1/8 c <b>Cooked Carrots</b> 1/8 c <b>Applesauce</b> ½ c Milk  <i>Veg: 2 Vegetarian Nuggets</i>	5 ¼ c Macaroni & Cheese (2 oz <i>M/M/A</i> , ¼ c <i>wg noodles</i> ½ oz) 1 String Cheese (1 oz) 1/8 c Peas 1/8 c <b>Fruit Mix cocktail</b> ½ c Milk  <i>Veg: Same</i>
	8 ¼ c Beef Vegetable Lomein (1/8 c Stir Fried Asian Vegetables, 1/8 c Beef) 1/8 c Lomein Noodles 1/8 c <b>Mandarin Oranges</b> ½ c Milk  <i>Veg: ¼ c Vegetable Lomein/1 String Cheese</i>	9 2 Chicken Nuggets (1.6 oz) 1 <b>WG</b> Dinner Roll (1.13 oz) 1/8 c <b>Corn</b> 1/8 c <b>Pears</b> ½ c Milk  <i>Veg: 2 Vegetarian Nuggets</i>	10 1 Fish Fillet (2 oz) 1 <b>WW</b> Biscuit (1 oz) 1/8 c <b>Steamed Carrots</b> w Ranch 1/8 c <b>Tropical Fruit Salad</b> ½ c Milk  <i>Veg: 2 oz Vegan Fish</i>	11 ¼ c Chicken Spaghetti ( 1oz <i>Chicken and</i> ¼ c <i>Noodles</i> ) 1/8 c <b>Steamed Spinach</b> 1/8 c <b>Fresh Fruit Salad</b> ½ c Milk  <i>Veg: ¼ Cheesy Spaghetti/1 String Cheese</i>	12 <b>BAG LUNCHES</b> 2 oz Turkey & Cheese Sandwich (1 oz Cheese, 1 oz Turkey, 1 Whole Grain ) ¼ c Steamed <b>Carrots</b> ¼ c <b>Applesauce</b> 1 pc Mayo & Mustard ¾ c Milk <i>Veg 2 oz Mozarella Cheese Sandwich</i>
	15 2 Chicken Nuggets (1.6 oz) 1 oz <b>WG</b> Dinner Roll (1.13 oz) ¼ c Green Beans ¼ c <b>Applesauce</b> ¾ c Milk  <i>Veg: 3 Vegetarian Nuggets</i>	16 <b>Make Your Own Taco</b> ¼ c Beef Taco Meat 1/8 c <b>Shredded Lettuce</b> 1 TBSP Shredded Cheddar Cheese 1 oz <b>WG</b> Tortilla 1/8 c Diced Melon Salad ½ c Milk  <i>Veg: ¼ c Black Beans</i>	17 3 Cheese Ravioli w Marinara Sauce 1 String Cheese (1 oz) 1/8 c Peas 1 oz <b>WG</b> Dinner Roll (1.13 oz) 1/8 c <b>Pineapple</b> ½ c Milk  <i>Veg: Same</i>	18 2 oz Tuna Salad 1 WG Slider Bun (1.13 oz) 1/8 c Steamed <b>Broccoli</b> w Italian 1/8 c <b>Mandarin Oranges</b> ¾ c Milk  <i>Veg: 2 oz Fresh Mozarella Cheese</i>	19 ¼ c Macaroni & Cheese (2 oz <i>M/M/A</i> , ¼ c <i>wg noodles</i> ½ oz) 3/8 c Vegetarian Baked Bean 1/8 c Cooked Cauliflower 1/8 c Diced <b>Cantaloupe</b> ½ c Milk  <i>Veg: Same</i>
	22 1 BBQ Beef Patty (1.75 oz) 1 <b>WG</b> Slider Bun (1.13oz) 1/8 c Cauliflower 1/8 c <b>Pineapple</b> ½ c Milk  <i>Veg: 1 Vegetarian Burger</i>	23 <b>Make Your Own Bowl</b> 9 Popcorn Chicken (2.25oz) ¼ c Mashed Potatoes 1 oz WG Dinner Roll (1.13 oz) ¼ c Diced <b>Honeydew</b> ¾ c Milk  <i>Veg:2 Vegetarian Nuggets</i>	24 <b>Penne Meatballs</b> 2 Meatballs (1.5 oz) & w marinara Sauce ¼ c WG Penne Pasta 1/8 c Steamed Spinach 1/8 c <b>Applesauce</b> ½ c Milk  <i>Veg: ¼ c Penne with Cheese</i>	25 4 CN Chicken Nuggets ¼ c <b>Rice</b> 1/8 c <b>Mixed Vegetables</b> 1/8 c <b>Fresh Fruit Salad</b> ½ c Milk  <i>Veg: Southwest Tofu Scrumble</i>	26 <b>BAG LUNCHES</b> 2 oz Turkey & Cheese Sandwich (1 oz Cheese, 1 oz Turkey, 1 Whole Grain ) ¼ c Steamed <b>Carrots</b> ¼ c <b>Applesauce</b> 1 pc Mayo & Mustard ¾ c Milk  <i>Veg 2 oz Mozarella Cheese Sandwich</i>
	29  MEMORIAL DAY	30 ¼ c Cuban Black Bean Rice (#6 scoop- black beans, #8 scoop- rice) ¼ c Brown Rice 1/8 c Steamed Baby Carrots w Italian 1/8 c Diced <b>Honeydew</b> ½ c Milk  <i>Veg: Same</i>	31 2 oz CN Turkey Burger w/ Cheddar Cheese 1 oz WG Bun 1/8 c Steamed Broccoli 1/8 c <b>Strawberries</b> ½ c Milk  <i>Veg: 1 Veggie Burger w/ Cheese</i>	Fresh Fruit to include seasonal rotation of fruits available to include – plums, pears, peaches, berries Served w/ 2% milk	